



# MOUNT LILYDALE MERCY COLLEGE

## Free parent forum

Interactive, stimulating discussion with a  
panel of experts in the field

**Monday 11 October 2021**

**7.30-8.30pm via Zoom**

(details of link will be available in the next newsletter)

An interactive, stimulating discussion with a panel of experts in the field. Guest speakers in the area of mental health and mental illness will present case scenarios covering topics such as:

**ANXIETY, SELF-HARM, DEPRESSION, FAMILY CONFLICT**

Our panel of experts will discuss how they work with young people presenting with these issues. Panel consists of:

- A family therapist from the Bouverie Centre
- Representatives from the MLMC Counselling team
- Year 11 MLMC students representing the young person's voice.

**YOUNG PEOPLE ENCOURAGED TO ATTEND  
WITH PARENTS/GUARDIANS**