



The Anxiety of Autism Workshop



Supports, Strategies and Interventions for Assisting Anxious ASD Students at School. This workshop is aimed at **Teachers and Integration Aides** at Primary School level. ***Parents & Carers may also find this beneficial.*** Join us as we learn from Gillian Hanna, Psychologist, from Logos Psychology Clinic and Monash University.

Teachers and Aides often have students with an Autism Spectrum Disorder (ASD) in their classrooms who appear anxious throughout their school day. These students can have such intense anxiety that it can disrupt the entire classroom or even a whole school assembly. Teachers would always rather see their students having successful, meaningful, and fun experiences at school and want to provide their students with an ASD the proper supports. The barriers to learning and social interaction that anxiety can create suggest that effective anxiety-related interventions and supports are crucial tools for those working with children who have and ASD, and for the children themselves.

This workshop aims to:

- (1) explore the nature, causes and impact of anxiety on students with an ASD
- (2) provide helpful and practical anxiety management support strategies; and
- 3) practical interventions to assist anxious ASD students as they navigate their way through school.

Presenter: Gillian Hanna, Psychologist
Logos Psychology Clinic and Monash University

Date: Wednesday 30th October 2019

Time: 7pm – 9pm with doors open from 6:40pm

Price: \$15 including GST – all participants receive a Certificate of Participation
This workshop has been generously subsidized by Yarra Ranges Bendigo Bank Collaborative Group

Location: Mooroolbark Salvation Army, 305 Manchester Road, Mooroolbark

To book your ticket:

eventbrite.com.au/e/74376579351

Proudly supported by your
local **Community Bank**[®]
branches

www.spectrumjourneys.org.au



Belgrave, Cockatoo/Gembrook, Ferntree Gully, Healesville, Monbulk,
Montrose, Mooroolbark, Mt Evelyn, Rowville, Upwey, Wandin/Seville,
Warburton, Woori Yallock and Yarra Junction